

Trauma-Informed Care and Practice Principles



Safety

Family members and home visitors do their best when they feel physically and psychologically safe.

Trust & Transparency

Decisions are discussed and made with openness and honesty to create and sustain trusting relationships.



Peer Support & Mutual Self-Help

Home visitors and families support each other with information, lessons learned, and/or emotional and hands-on help.

Collaboration & Mutuality

TRHV fosters a home visitor-parent relationship where each person is a decision-making partner, working and learning together for the benefit of the family.



Empowerment, Voice & Choice

Seeing and building upon individuals' strengths and what they have to say and offer paves the path for you to promote new skills as needed.

Cultural, Historical & Gender Issues

Be aware of and move past stereotypes and biases.

