**Day 5: Independent Study Guide**

**(Due on Day 6)**

1. Read the Jones Case Study file. Identify strengths and then potential stress/trauma in this family.
   1. Complete Alyssa Jones’ Intake/Update Form.
   2. Review Alyssa’s Parent Information Form.
   3. Complete a draft of a first visit using the Visit Planning Form (be ready to share on Day 6).
   4. Review the Visit Reporting Form.
2. Select and read one of the Moments chapters from the *Parenting Life* or *Military Family Life* groups, found between pages 455 and 622.
   1. Which Protective Factors are supported by information related to this chapter’s topic?
   2. How might you use the “Through a Child’s Eyes” chart to help a parent build their skills or knowledge?
3. Review your chosen chapter’s Family Pages.
   1. Select one or more Family Pages that you could have ready to use at any given visit (something you think could apply to many families).
   2. Are there any Family Pages with this chapter that you would want to wait until you have a strong or steady relationship with a parent before using? If so, which one(s) and why?