**Day 2: Independent Study Guide**

**(Due on Day 3)**

*\*Items 3 and 4 are online and need to be completed no later than Tuesday, midnight so we can review your responses and plan for our Wednesday live session. You do NOT need to practice the hand scoring for the PFS:SF, but we will talk about it on Wednesday.*

1. Read the Miller Case Study. Note this family’s potential areas of strength and stress in their file.
   1. Family history
   2. FNS
   3. PFS:SF
   4. TRHV Parent Information Form
2. Complete the online learning module: *Protective Factors Survey: Short Form*. Materials needed:
   1. Miller Case Study (hard copy and linked in module)
   2. The PFS:SF Directions and Hand Scoring Guide (hard copy and linked in module)
   3. PFS:SF Score Calculator (Excel document, linked in module)
3. Complete the post-module assessment (Qualtrics link). (This will help us know how we need to spend our time in Wednesday’s live session!)
4. Read Everyday Moment: Sleep chapter and the Sleep Family Pages.
5. Review the TRHV 5-step Process handout.