

Welcome to Take Root Home Visitation

Helping Our Youngest Military Family Members and Their Parents Thrive

Take Root Home Visitation (TRHV) was developed to support you in your very important work: helping babies; toddlers; and their families, who are at risk for child maltreatment, develop the strong and shared roots they need to thrive.

This curriculum will help you build trust with families and promote their ongoing learning and well-being by making transparent, evidence-based, and collaborative decisions within the context of the home visitation relationship.

Your Decisions Matter

Every time you plan a visit or walk through the door of a family's home, you make countless decisions about what to say and do—and how to carry out these choices. Some decisions are complex, such as how to engage a family under extreme stress or identify community resources that are appropriate for a family. Some decisions may be simpler, such as choosing a particular one-on-one activity to introduce during a visit. Some decisions require deliberation and consultation with colleagues, such as the identification of a developmental delay or parental mental health need. Yet, other decisions may come naturally, like how to greet a family member or where to sit in a family's home. However, to make the most effective decisions, you must draw upon your professional expertise and experience, your observations, and your knowledge of yourself and individual families.

With every curriculum decision, you have the opportunity to make parents and their children feel seen, affirmed, and understood. Your decisions to identify and articulate family strengths and then support parents to own and build upon those strengths deepens their trust in you. This strengthens your relationships with families and children, which will ultimately strengthen their relationships with one another, which makes a difference in their lives—today and in the future.

As you read through this guide, you will find the following seven sections:

- Part 1** Foundations of Take Root Home Visitation
- Part 2** Using Trauma-Informed Care and Practice to Enhance Collaboration
- Part 3** How to Use Take Root Home Visitation
- Part 4** Let's Practice!
- Part 5** Taking Care of You
- Part 6** Everyday and Special Focus Moments
- Part 7** References

TRHV supports you as a decision-maker as you assess, plan, implement, and report.