Date \_\_\_\_\_

## Protective Factors Survey: Short Form

**Part 1.** Please *circle* the number that describes how often the statements are true for you or your family. The numbers represent a scale from 1 to 7 where each of the numbers represents a different amount of time. The number 4 means that the statement is true about half the time.

|  |       | Very   |        | About Half |            | Very       |        |
|--|-------|--------|--------|------------|------------|------------|--------|
|  | Never | Rarely | Rarely | the Time   | Frequently | Frequently | Always |
| <sup>1</sup> In my family, we talk about                         |       |        |        |            |            |            |        |
| problems.  | 1     | 2      | 3      | 4          | 5          | 6          | 7      |
| 2 When we argue, my family<br>listens to "both sides of the      |       |        |        |            |            |            |        |
| story".  | 1     | 2      | 3      | 4          | 5          | 6          | 7      |
| <sup>3</sup> In my family, we take time to listen to each other. | 1     | 2      | 3      | 4          | 5          | 6          | 7      |
| 4 My family pulls together when things are stressful.            | 1     | 2      | 3      | 4          | 5          | 6          | 7      |
| 5 My family is able to solve our<br>problems.                    | 1     | 2      | 3      | 4          | 5          | 6          | 7      |

Part 2. Please *circle* the number that best describes how much you agree or disagree with the statement.

|   | Strongly<br>Disagree | Mostly<br>Disagree | Slightly<br>Disagree | Neutral | Slightly<br>Agree | Mostly<br>Agree | Strongly<br>Agree |
|---|----------------------|--------------------|----------------------|---------|-------------------|-----------------|-------------------|
| 6 I have others who will listen<br>when I need to talk about my<br>problems.    | 1                    | 2                  | 3                    | 4       | 5                 | 6               | 7                 |
| <ul> <li>7 When I am lonely, there are several people I can talk to.</li> </ul> | 1                    | 2                  | 3                    | 4       | 5                 | 6               | 7                 |
| 8 I would have no idea where to<br>turn if my family needed food<br>or housing. | 1                    | 2                  | 3                    | 4       | 5                 | 6               | 7                 |
| 9 I wouldn't know where to go<br>for help if I had trouble making<br>ends meet. | 1                    | 2                  | 3                    | 4       | 5                 | 6               | 7                 |
| 10 If there is a crisis, I have others<br>I can talk to.                        | 1                    | 2                  | 3                    | 4       | 5                 | 6               | 7                 |
| 11 If I needed help finding a job, I<br>wouldn't know here to go for<br>help.   | 1                    | 2                  | 3                    | 4       | 5                 | 6               | 7                 |

| Client ID |  |
|-----------|--|
| Chieffe   |  |

Date

## Protective Factors Survey: Short Form

**Part 3.** This part of the survey asks about parenting and your relationship with your child. For this section, please focus on the child that you hope will benefit most from your participation in our services. Please write the child's date of birth and then answer questions with this child in mind. Please *circle* how often each of the following happens in your family.

| PFS A: Are you currently pregnant?   | YES | NO |
|--|-----|----|
| PFS B: Do you have a child 3 yrs or younger (5 yrs for<br>Marine Corps) who would benefit from our services? | YES | NO |

If currently pregnant with NO eligible child, STOP HERE. Otherwise, complete Child's DOB and Items 12-15.

Child's DOB

MO YEAR Very About Half Very the Time Frequently Frequently Always Never Rarely Rarely 12 I am happy being with my child. 2 3 4 5 6 7 1 13 My child and I are very close to each other. 5 1 2 3 4 6 7 14 I am able to soothe my child when he/she is upset. 5 7 1 2 3 4 6 15 I spend time with my child doing what he/she likes to do. 2 3 4 5 7 1 6